



# International Federation of Bodybuilding & Fitness

Dublin 39/1 – Europolis – Las Rozas - Madrid – 28232 – Spain

Tel: (34) 91 5352819 Fax: (34) 91 5351518

E-mail: [headquarters@ifbb.com](mailto:headquarters@ifbb.com) Website: [www.ifbb.com](http://www.ifbb.com)



## ENTRY FORM

**Deadline date to send the Entry Form is May 15, 2015.**

### ARNOLD AMATEUR CLASSIC BRAZIL 28 - 31 May 2015 Rio de Janeiro, Brazil

COUNTRY	PRESIDENT NAME	FEDERATION NAME	
CONTACT No FEDERATION (OFFICE OR CELL PHONE)		EMAIL FEDERATION	
	Any responsible Delegate(s) name present at this event	Cell phone	PASSPORT NR
1			

**ENTRY TO THIS EVENT IS UNLIMITED, BUT HAS TO BE APPROVED BY THE NATIONAL FEDERATION**

	Competitor NAME:	CATEGORY	IFBB IC or PASSPORT NR
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

IF YOU HAVE MORE ATHLETES AND/OR DELEGATES, PLEASE ADD THEM ON A SEPARATE PAGE OR COPY THE PAGE.

YOU CAN FILL IN THIS ENTRY FORM ON YOUR COMPUTER AND EMAIL IT BACK TO IFBB GENERAL SECRETARY AND IFBB HEADOFFICE..

PLEASE EMAIL IT IN "WORD" FORMAT AND DO NOT CONVERT IT IN TO "PDF" FORMAT.

**ALL THE COSTS FOR TRAVELLING, HOTEL ACCOMMODATIONS AND MEALS (AND TRANSPORT FROM AND TO THE AIRPORT) MUST BE COVERED BY THE NATIONAL FEDERATIONS. HOTEL RESERVATION MUST BE DONE BY DIRECT COMMUNICATION BETWEEN THE NATIONAL FEDERATION AND THE HOTELS (List of recommended hotels and contacts are provided in the Inspection Report). THE ORGANIZING COMMITTEE OR IFBB WILL NOT BE RESPONSIBLE FOR ANY RESERVATION OR PAYMENT OF HOTEL ACCOMMODATIONS, TRAVELLING ARRANGEMENTS AND MEALS.**

## IMPORTANT NOTES:

The Organizer of the event in RIO DE JANEIRO, BRAZIL will not accept any direct registration from athletes.

Entry Forms from athletes will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Headquarters in Madrid and IFBB General Secretary Mr William Tierney (see email addresses below). The final decision to allow an athlete to compete in this event rests with the IFBB.

Registration fee is 150 EUROS or 200 US \$ per athlete and will have to be paid in advance online on the IFBB website. Please follow link: <http://www.ifbb.com/registration> or through your own Paypal account a payment can be made to email address [accounts@ifbb-madrid.org](mailto:accounts@ifbb-madrid.org).

## CATEGORIES ACCEPTED IN THE ARNOLD AMATEUR CLASSIC, COLUMBUS, OHIO

### MEN'S BODYBUILDING CLASSES

UPTO & INCLUDING 70 kg  
UPTO & INCLUDING 75 kg  
UPTO & INCLUDING 80 kg  
UPTO & INCLUDING 85 kg  
UPTO & INCLUDING 90 kg  
UPTO & INCLUDING 100 kg  
OVER 100 kg

### MEN'S CLASSIC BODYBUILDING\*

#### See table below

UPTO & INCLUDING 175cm  
OVER 175 cm

### MASTERS MEN OVER 40 YEARS

1 OPEN CATEGORY

### MEN'S PHYSIQUE

UPTO & INCLUDING 175 cm  
OVER 175cm

### MEN'S FITNESS

1 OPEN CATEGORY

### WOMEN'S PHYSIQUE

1 OPEN CATEGORY

### WOMEN'S BODYFITNESS

UPTO & INCLUDING 163cm  
OVER 163cm

### WOMEN'S FITNESS

1 OPEN CATEGORY

### WOMEN'S BIKINI

UPTO & INCLUDING 158 cm  
UPTO & INCLUDING 163 cm  
OVER 163 cm

### MASTERS WOMEN BODY-FITNESS OVER 35 YRS

1 OPEN CATEGORY

## The weight to height limits for Classic Bodybuilding are as follows

### Height

Up to168 cm  
Up to171 cm  
Up to175 cm  
Up to180 cm  
Up to190cm  
Up to198cm  
Over 198 cm

### Bodyweight limit [kg]

Athlete's height [in cm] minus 100  
Athlete's height [in cm] minus 100) + 2  
Athlete's height [in cm] minus 100) + 4  
Athlete's height [in cm] minus 100) + 6  
Athlete's height [in cm] minus 100) + 8  
Athlete's height [in cm] minus 100) + 9  
Athlete's height [in cm] minus 100) + 10

- example: If athlete is 165 cm tall, his weight should be below, but NOT MORE than 65 kg (165 minus 100 is 65)
- example: If athlete is 170,5 cm tall, his weight should be below, but NOT MORE than 72,5 kg (170,5 minus 100 is 70,5 plus 2 is 72,5)

**Please send Entry Form no later than May 15, 2015 to:**  
**(Preferably by email)**

**IFBB General Secretary**  
**William Tierney**  
Phone: +44 151 9314090  
E-mail: [w.tierney@ifbb-uk.com](mailto:w.tierney@ifbb-uk.com)

**Please Send a copy to:**

**International Federation of Bodybuilding and Fitness**  
**Head office**  
Phone: +34 91 535 2819  
Fax: +34 91 535 1518  
E-mail: [headquarters@ifbb.com](mailto:headquarters@ifbb.com)

ARRIVAL DATE	AIRLINE	FLIGHT No	TIME	DEPARTURE DATE	AIRLINE	FLIGHT No	TIME