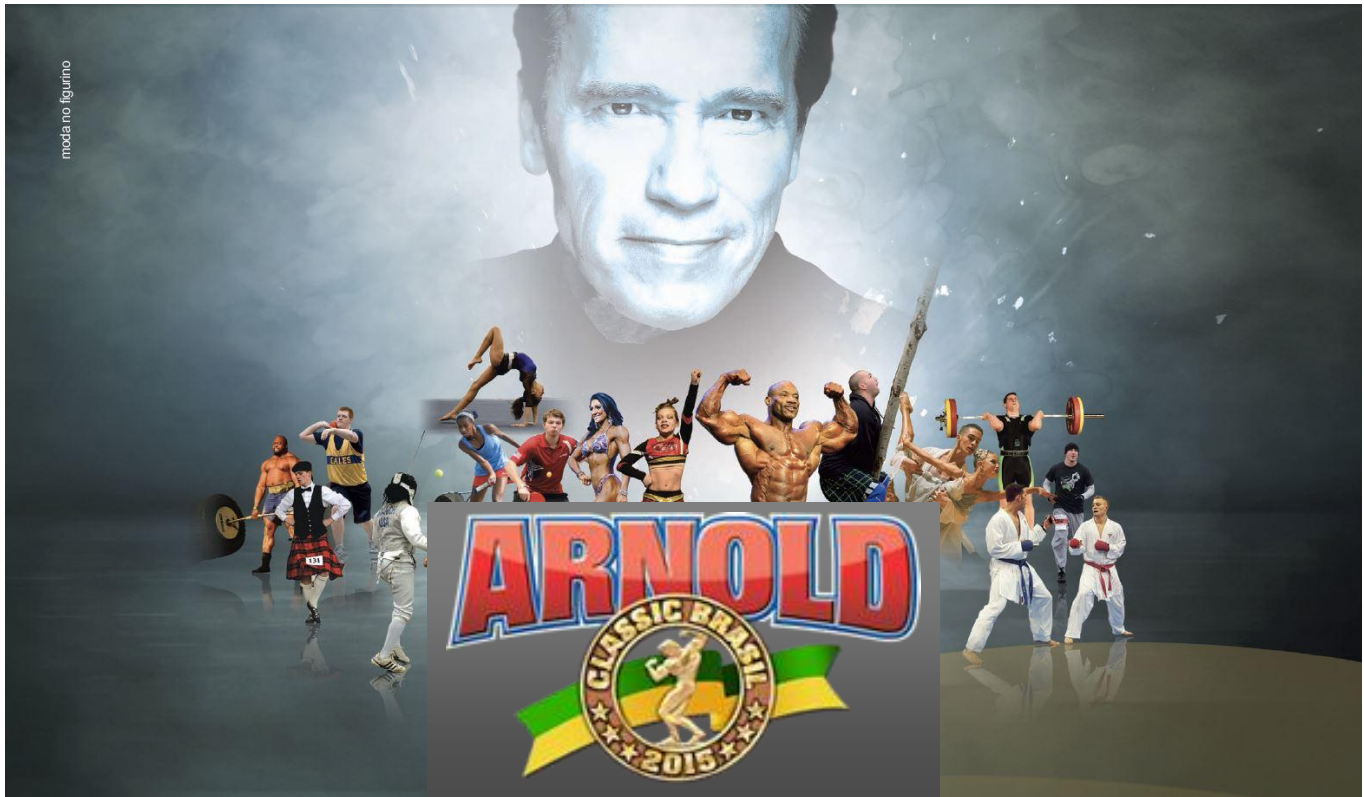


2015 ARNOLD CLASSIC SOUTH AMERICA



**Arnold Amateur
IFBB International Bodybuilding,
Classic Bodybuilding, Fitness, Bodyfitness,
Bikini-Fitness & Men and Women Physique
Championships**

www.arnoldclassicbrasil.com.br

INSPECTION REPORT

ARNOLD CLASSIC SOUTH AMERICA

May 29th – 31st, 2015

Rio de Janeiro, Brazil

WELCOME

Arnold Schwarzenegger, Dr. Rafael Santonja, James L. Lorimer, Bob Lorimer and Savaget welcome you to the third edition of the Arnold Classic South America. ARNOLD CLASSIC SOUTH AMERICA is a great multisport program that takes place following the best tradition of the original Arnold Weekend concept in Columbus, Ohio (USA).

LOCATION

Everybody has heard of the beautiful city of **Rio de Janeiro, Brazil**, and the people of the city will give a warm welcome to all of the athletes and delegates who will participate in this great multisport event.

VENUE



The 2015 Arnold Classic South America will be held at the venue: **RIOCENTRO EXHIBITION & CONVENTION CENTER** located at **Avenida Salvador Allende, 6.555 – Barra da Tijuca - Rio de Janeiro.**

COUNTRIES ALLOWED TO PARTICIPATE

National Federations affiliated to the IFBB from countries located in **Central America, Caribbean Islands, South America and North America** are eligible to nominate athletes to the Arnold Classic South America. Please remember that ONLY athletes approved by their National Federations will be accepted.

RECOMMENDED HOTELS

HOTEL	CAT. DO QUARTO	DISTÂNCIA	SINGLE	DOUBLE
GRAN MERCURE RIOCENTRO	STANDARD	5 MTS	R\$ 548,75	R\$ 640,00
	SUPERIOR		R\$ 588,75	R\$ 680,00
	LUXO		R\$ 648,75	R\$ 740,00
	STANDARD		R\$ 612,50	R\$ 706,25
	SUPERIOR		R\$ 653,75	R\$ 746,25
MIDAS RIO CONVENTION	LUXO	900 MTS	R\$ 715,00	R\$ 807,50
	TOP/ LOUNGE		R\$ 462,50	R\$ 462,50
	SUPERIOR		R\$ 668,40	R\$ 735,60
WINDSOR BARRA	SUPERIOR EXECUTIVO	15,1 KM	R\$ 768,00	R\$ 846,00
	LUXO		R\$ 430,00	R\$ 430,00
PROMENADE BARRA FIRST	LUXO	8,9 KM	R\$ 430,00	R\$ 430,00
PROMENADE VERANO STAY	LUXO	4,4 KM	R\$ 352,50	R\$ 352,50
	SUITE JUNIOR		R\$ 402,50	R\$ 402,50

All ATHLETES and OFFICIALS will have to book and reserve their own hotel accommodation. Please book your rooms well in advance to avoid disappointment.

Info: Patricia Strauss and Juliana Rodrigues

E-mail: feiras@promotional.com.br and patricia@promotional.com.br

Tel: + 55 (21) 2126-2702 and 2126-2722

www.promotional.com.br

IMPORTANT ARRIVAL AND CHECK-IN NOTICES

The official arrival day is Thursday 28th May 2015.

The weigh-in and registration will be conducted on **Thursday**.

IFBB Registration Fee of **EUR €150 or 200\$** will have to be paid in advance online or at the time of weigh-in. We fully recommend you to make advance payment by **credit/debit card or PayPal** at <http://www.ifbb.com/registration> for your best comfort and convenience.

Please add your name during online payment and bring a copy of your payment confirmation to the registration.

- **Registration and weigh-in will be run from 10:00am till 8:00pm on Thursday, 28th May 2015 at the Riocentro, the same hall where the Expo will take place.**
- **IFBB amateur event starts on Friday 29th May and will continue on Saturday, 30th May and Sunday, 31st May.**

Athletes should begin warming up at **11:00am on Friday 29th May** and competition will begin at **12:00am**. More information about running order and other competition details will be forwarded nearer the time. Please check www.arnoldclassicbrasil.com.br and www.ifbb.com for regular updates.

TANNING NEEDS

THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.

COMPETITOR NOTIFICATION

Once the Entry Form from the National Federation has been received and accepted, an official letter will be sent confirming your participation in the 2015 Arnold Classic South America IFBB Amateur International Bodybuilding and Fitness Championships (included: Bodybuilding, Classic Bodybuilding, Bodyfitness, Bikini-Fitness, Men's and Women's: Fitness and Physique). Those athletes who have not met the established requirements, who missed the deadline for registration, or who registered in a division that has already been closed, will also be notified that they will be unable to participate in this competition.

We strongly encourage you to register early and make the appropriate arrangements to compete in Rio de Janeiro. Hotels will be booked up quickly as this is a very popular event.

VISAS

A valid passport is required for entry into Brazil. Please contact the embassy of Brazil in your country to determine if you need a visa. An official letter of invitation will be made available, if required.

TIME DIFFERENCE

GMT – 3 hours.

CURRENCY

The official currency of Brazil is the "Real" (R\$)
1,00 US Dollar = approx R\$2,56

CREDIT CARDS

International credit cards such as Visa, MasterCard and American Express are widely accepted at most major hotels, stores & restaurants. You may be requested to show your passport.

ELECTRICAL CURRENT

110 V, 60 Hz current is in Rio and San Paulo (other cities may have 220 V current). Power sockets of type N are used, which also works with plug C. Sometimes US-standard (2 "flat" slats) plugs are used. It's better to have your own adaptor that converts your country's plug to both the US and Brazilian format.



LANGUAGE

Portuguese

REGISTRATION AND REGISTRATION FEE

Registration of athletes will only be considered if they are recommended or nominated by the National Federation of the athlete and the Entry Form has been emailed directly to the IFBB General Secretary and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this event rests with the IFBB.

Registration fee for athletes to enter this competition is **200\$ or EUR €150** which will be collected at the time of registration, if not paid in advance. Preferably, payment should be made in advance online by your IFBB PayPal account at

<http://www.ifbb.com/registration>

by credit/debit card for your best comfort and convenience.

POSING MUSIC

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification. **The use of profane, vulgar and offensive language is strictly prohibited in the posing music.!**

IMPORTANT NOTICE TO COMPETITORS

Each athlete, participating in the championship will be provided with a competitor wrist band at the weigh-in. This wrist band allows daily admission and should not be removed.

IMPORTANT INFORMATION

All the costs of traveling, hotel accommodations, transport from and to the airport and meals are the responsibilities of the National Federations or individual athletes. Check with your National Federation for more information. List of recommended hotels and contacts are provided on the Inspection Report.

ENTRY FORM CONTACT DETAILS:

All entry forms and correspondence should be addressed to the IFBB General Secretary William TIERNEY at w.tierney@ifbb-uk.com and IFBB Head Office in Madrid at headquarters@ifbb.com The deadline date for submitting the entry forms is **May 15th, 2015.**

PLEASE FORWARD ALL ENTRY FORMS TO:

Please send Entry Form no later than **May 15, 2015** to:

IFBB General Secretary

William Tierney

Phone: +44 151 9314090

E-mail: w.tierney@ifbb-uk.com

Please Send a copy to:

International Federation of Bodybuilding and Fitness

Phone: +34 91 535 2819

Fax: +34 91 6361270

E-mail: headquarters@ifbb.com

IFBB National Federations are informed that participation in to this championship is unlimited. Remember that all athletes will have to produce their IFBB International Card at the registration. Any athlete who has not yet purchased this IFBB International Card will have to buy one at registration. IFBB International Cards are 30 Euros per year and are mandatory from 2011.

CATEGORIES OPEN FOR COMPETITION

Men's Bodybuilding

Up to & including 70 kg
 Up to & including 75 kg
 Up to & including 80 kg
 Up to & including 85 kg
 Up to & including 90 kg
 Up to & including 100 kg
 Over 100 kg

Men's Bodybuilding overall

Bodyfitness

Up to & including 163 cm
 Over 163 cm

Bodyfitness overall

Bikini-Fitness

Up to & including 158 cm
 Up to & including 163 cm
 Over 163 cm

Bikini-Fitness overall

Classic Bodybuilding

Up to & including 175 cm
 Over 175 cm

Classic Bodybuilding overall

Women's Fitness

Open class

Men's Fitness

Open Class

Men's Physique

Up to & including 175 cm
 Over 175 cm

Men's Physique overall

Women's Physique

Open Class

MASTER CATEGORIES

Men's Bodybuilding >40 years old, open
 Women's Bodyfitness >35 years old, open

PLEASE NOTE:

If the entries for certain categories are very high, the IFBB may add an extra height or weight class to the category.

MAXIMUM BODYWEIGHT LIMITS FOR THE HEIGHTS IN CLASSIC BODYBUILDING:

The weight to height limits for <u>Seniors and Masters Classic Bodybuilding</u> are as follows:	
Body height	Bodyweight limit [kg]
Up to 168 cm	Athlete's height [in cm] minus 100
Up to 171 cm	Athlete's height [in cm] minus 100) + 2
Up to 175 cm	Athlete's height [in cm] minus 100) + 4
Up to 180 cm	Athlete's height [in cm] minus 100) + 6
Up to 190 cm	Athlete's height [in cm] minus 100) + 8
Up to 198 cm	Athlete's height [in cm] minus 100) + 9
Over 198 cm	Athlete's height [in cm] minus 100) + 10
<ul style="list-style-type: none"> - example: If athlete is 165 cm tall, his weight should be below and NOT MORE than 65 kg (165 minus 100 is 65) - example: If athlete is 170,5 cm tall, his weight should be below and NOT MORE than 72,5 kg (170,5 minus 100 is 70,5 plus 2 is 72,5) 	

BACKSTAGE & DRESSING ROOMS ACCESS:

Access to the backstage and dressing room areas is strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

CAMERA / VIDEOTAPE EQUIPMENT:

Camera and videotape equipment shall be strictly prohibited in the backstage area, except when used by IFBB-authorized media persons. In any event, these devices shall be strictly prohibited in the dressing room area.

AWARDS CEREMONY

The top 6 in each class will perform in the Finals and receive a trophy and diploma at the Award Ceremony. All the Overall champions will receive a special AC trophy and medal.